



# VIP PROGRAMME

Microbiome Analysis  
with Viola Sampson BSc

The VIP Programme includes consultations at my standard fee, but enables me to offer you full and prompt support with all aspects of your Microbiome Analysis – from ordering your test kit, right through to delivery of the programme of supplements and foods personalised to your unique microbiome profile.

The programme covers the whole period from one round of testing and three phases of treatment recommendations, usually lasting 12–16 weeks.

If follow-up testing is required, you can choose an additional round of the VIP programme.



## OPTION 1

£1,300

Microbiome Stool Test kit ordered to your home and registered with the lab for you. A freepost label means all you need to do is pop it in the post once completed.

Fast-track analysis of your microbiome results, so that you get my written report and recommendations within days of the results being released by the lab. (Please note lab processing can take 1–3 weeks.)

Microbiome data consultation to discuss your results and my recommendations (50mins)

Two follow-up consultations to discuss your progress and phase treatment recommendations (each 25mins)

Your first order of prebiotics and probiotics placed for you (supplements invoiced separately) and a list supplied for you or your PA to order later supplies using links provided.

## OPTION 2

£2,250

All the support of Option 1, plus:

Your personalised programme of prebiotics and probiotics, all compiled and sent to your home, together with microbiome-boosting treats – this includes my oversight of your programme, all the supplements you need for the treatment period and three individualised packages that cover three phases of your treatment protocol.

## ALSO AVAILABLE

Food hampers containing a selection of your specific microbiome-boosting foods, organic and hand-selected for you and delivered to your home: £500

Final stool test and written report of treatment outcomes, including consultation: £550

The VIP programme fee also opens up the possibility of additional support, including:

Briefing your support team (PA, housekeeper, chef as required). These can include advice on personalising menus to best support your microbiome health (usually 45–90mins)

WhatsApp and email support between sessions, directly with you, or with named members of your support team.

I aim to reply within 2 hours, 8am–8pm Monday–Saturday.

Extended or out-of-hours follow-up consultations as required.

These additional items are invoiced at the end of the month, and charged at my hourly rate of £200, in 15 minute increments, allowing me to prioritise this work for you.

*Please let me know if you have further needs for support and I will do my best to accommodate them.*



+44 (0)7791 153183  
viola@violasampson.com